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Strahan's Sunday Magazine for the People.

THE

# Day of Rest

A JOURNAL OF RE-CREATION AND PROFIT.

GRANDLY ILLUSTRATED.

Conducted and Published by ALEXANDER STRAHAN.

As *The "TIMES"* says of "THE DAY OF REST":—"It is certainly a most excellent Magazine, and one which affords reading of such worth and variety that it is clearly entitled to be mentioned before any of its competitors. Its list of contributors includes the ARCHBISHOP OF CANTERBURY, DR. VAUGHAN, THOMAS BURNES, JEAN INGELW, DORA GREENE, WELL, A. E. E. B., GEORGE KAO DONALD, and several other well-known authors. It is full of good engravings, and its publishers deserve to be congratulated on the liberality and enterprise which have placed their new Magazine in the front during the first year of its existence."

I MAY say at once that I not only wish but design *THE DAY OF REST* to be essentially a *CHEAP PEOPLE'S MAGAZINE* in the widest sense of the term,—a magazine to "be about like common household stuff, and be well thumbed by the children and the grown people,"—a magazine to be taken in by all who have not much money to spend on good books, and, as "it is only a penny," become a welcome guest in every home. It is my belief that the hearts of the Muses of England can—some little trouble being taken by all interested—be reached and touched by a good thing quite as effectually as by a bad thing. At all events I have chosen my line, and that line is *to give the best literature and art to the people in the form most convenient for them*; and (to speak in a parable) to help to make the waters of the celestial fountain flow widely through the humble channels of every-day life, instead of gushing forth in solitary places for the refreshment of the favoured few.

If I were asked to define the leading purpose of *THE DAY OF REST*, I would reply:—To make it plain that the age requires to be recalled to a living Christian faith; that men must be got to feel their moral accountability to a greater than man; that we must help both rich and poor by producing in them that state of the affections, that religious exaltation of the soul, which will lead them to count the wealth of the world as mere dross, or as dust in the balance, if they can but gain those durable riches which will not take to themselves wings and fly away. The attempt to reform the world by political economies, and such like, has failed, and always will fail, repeat the experiment as often as we may. Christianity tells us that if we seek first the kingdom of God and His righteousness, all other needful things shall be added. It thus works out for us the highest social good here, as well as secures us the blessedness of Heaven hereafter. Christianity once brought men to count self-denial and suffering, in the cause of truth, the greatest of all blessings, and, in so doing, changed the face of the world; and it can and will do so again.

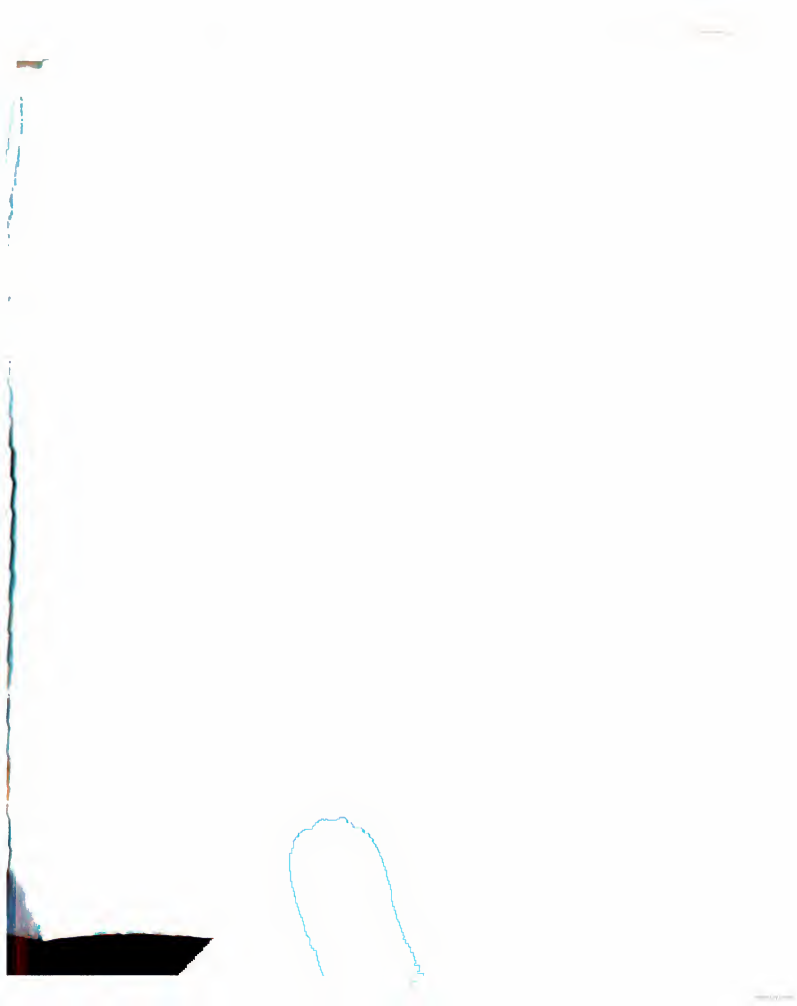
It is within the reach of all to help in increasing the circulation of this Journal—the price being so very low; and the help of all is needed to overcome the prejudice—rendered strong by habit—in favour of that class of literature which has no higher purpose than to ignobly interest or frivolously amuse. I shall do my best to deserve the aid I seek, and to give a full equivalent for all I receive.

12, PATERNOSTER ROW,  
March, 1874.

ALEXANDER STRAHAN.

Weekly Nos., 1d.; Monthly Parts, 6d.; Quarterly Parts, 1s. 6d.

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